



Family and Membership (FAM) Committee [animationisfamily@gmail.com](mailto:animationisfamily@gmail.com)

### **Resources Shared by the Panelists and Contributors:**

#### **1. MPI Health Plan:**

All MPIPHP participants and household members can access Optum's website for wellness support, Member Assistance Program and WorkLife services:

<http://www.liveandworkwell.com>

Access code: mpiphp

Anthem Blue Cross Enrollees:

Optum Behavioral Health (888) 661-9141

Kaiser Permanente Enrollees:

Behavioral Health Services (800) 464-4000

Health Net Enrollees:

Behavioral Health Services (800) 522-0088

Oxford Health Plans Enrollees:

Behavioral Health Services (800) 444-6222

Anthem Medicare Preferred / Medicare Advantage Enrollees:

Behavioral Health Services (833) 794-0312

#### **2. Autism Spectrum Disorders (ASD) Parent Resources:**

IEP process and resources

- [https://www.autismspeaks.org/sites/default/files/100\\_Day\\_Tool\\_Kit\\_Young\\_Children.pdf](https://www.autismspeaks.org/sites/default/files/100_Day_Tool_Kit_Young_Children.pdf)

<https://www.understood.org/en/school-learning/special-services/ieps/understanding-individualized-education-programs> (IEP process explained for parents)

<https://www.specialeducationguide.com/pre-k-12/individualized-education-programs-iep/the-iep-process-explained/> (IEP process explained for parents)

<https://www.wrightslaw.com/> (list of the actual Special education laws- great resources with the latest in Special ed law)

<https://www.cde.ca.gov/sp/se/qa/pssummary.asp> (Special education Parent's rights and other resources from Cal Dept. of Ed)

<https://www.parentcenterhub.org/pa12/> (good resource)

<https://preparents.org/resources/for-parents/special-education-parent-guides/california-special-education-parent-guide/> (good resource)

California Regional Center

<https://www.dds.ca.gov/RC/RCList.cfm> (list of regional centers)



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<https://www.dds.ca.gov/EarlyStart/FamilyResources.cfm> (early start program)

[ASD treatments and ASD group resources](#)

<https://resources.autismnavigator.com/Account/Login?ReturnUrl=%2F> (great videos explaining Diagnosis and treatment for ASD)

<http://www.autismla.org/1/> (ASD organization with various resources and supports for parents)

<https://www.autismspeaks.org/>

<http://www.interactingwithautism.com/section/treating> (great videos and training library)

3. **Lanterman Regional Center:**

<https://lanterman.org/>

Lanterman is one of 21 regional centers in the state of California, which serve individuals with, or at risk for, developmental disabilities and their families. Lanterman supports residents in the Los Angeles area.

4. **Special Education Law and Parent Advocacy:**

Council for Parent Attorneys and Advocates - COPAA

<https://www.copaa.org/default.aspx>

COPAA works to enable parents to work more effectively with school personnel to plan and obtain effective educational programs for their children with disabilities; Enable members to network and share information and legal resources; Enable parents to locate advocates, attorneys, and related professionals through COPAA's website directory.

Disability Rights California

<https://www.disabilityrightsca.org> (general website)

<https://www.disabilityrightsca.org/publications/serr-special-education-rights-and-responsibilities> (link to Special Education Rights and Responsibilities - SERR)

DRC is a nonprofit agency, and is the largest disability rights group in the nation. The agency advocates, educates, investigates, and litigates to advance the rights, dignity, equal opportunities, and choices for all people with disabilities. They offer very helpful information written in plain language, and the sections dedicated to Special Education are written in a Question/Answer format, so it is easy to find answers to questions which are clearly explained but also with the law cited to back up the information.

5. **Recommended Reading List for Reference:**

Barbera, Mary Lynch (2007). *The Verbal Behavior Approach*. Philadelphia: Jessica Kingsley Publishing (ISBN: 978-1-84310-852-8) Reference to ABA basics and outline in how to teach functional communication

Baker, Bruce L., & Brightman, Alan J. (2004). *Steps to Independence: Teaching Everyday Skills to Children with Special Needs*. Baltimore: Paul H. Brookes Publishing



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(ISBN: 1-55766-697-0) Parent friendly ABA basics and outline of various strategies in how to teach new skills and functional daily skills

Leaf, Ron, & McEachin, John. (1999). A Work in Progress: Behavior Management Strategies and a Curriculum for Intensive Behavioral Treatment of Autism. New York: DRL Books Inc. ISBN: 978-0-9665266-0-8) Curriculum for teaching new skills (It outlines pre-requisites and sequences of skills-give you a guide to see if the home programs are working in a sequential manner and teaching

Kucia, Kristin. (2014). I Am My Son's First Sighword: growing a child with autism. Ampersand Writing Group. (ISBN-10: 0692256873, ISBN-13: 978-0692256879)  
<https://www.amazon.com/Am-My-Sons-First-Sightword/dp/0692256873/ref=nodl>

## 6. **Legal and Federal Mandates and Assistance Regarding Hiring of People with Disabilities:**

Helpful Information from the Department of Labour about Hiring People with Disabilities:  
<https://www.dol.gov/general/topic/disability/hiring>

Laws and Regulations from the Department of Labour regarding Hiring People with Disabilities:  
<https://www.dol.gov/general/topic/disability/laws>

## 7. **Private Rooms at Guild Studios:**

**Cartoon Network**, Quiet room, 2nd floor of the main building on 3rd Street, Burbank  
**Nickelodeon** Animation Studio, Music room, Building B, Burbank

**Walt Disney** Animation Studios, Quiet room, 1st/ground floor of the Feature Animation building, Burbank

## 8. **Animation Schools with Autism Support:**

Actors for Autism (Vocational Training in Performing Arts & Digital Film Making)

<https://www.actorsforautism.org>

Exceptional Minds (Professional Training Academy & VFX/Animation Studio)

<https://www.exceptional-minds.org>

## 9. **Websites and Apps:**

<https://autism.sesamestreet.org>

## 10. **Parks and Play Spaces for Children of All Abilities:**

Dolphin Park, Carson (under construction)

South Park, Hermosa Beach

## 11. **Travel Assistance:**

Wings for Autism/Wings for All

<https://thearc.org/our-initiatives/travel/>

The Arc's Wings for Autism®/Wings for All® (Wings) program gives families and aviation professionals the confidence to take to the skies with ease by providing an airport



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“rehearsal,” as well as a presentation on the aircraft features and in-flight safety protocols.